Average Days in the Past Month for Which Mental Health Was Not Good, Adults Ages 18 Years and Older, by County and Public Health District, Maine, 2010

	Weighted Number	Mean	LCL Mean	UCL Mean
Maine total	7,982	3.69	3.45	3.94
County				
Androscoggin	483	3.52	2.67	4.37
Aroostook	464	3.26	1.96	4.57
Cumberland	1,340	2.99	2.49	3.48
Franklin	280	3.84	2.56	5.12
Hancock	384	3.77	2.81	4.74
Kennebec	628	3.96	3.11	4.80
Knox	405	3.26	2.31	4.20
Lincoln	371	3.73	2.57	4.88
Oxford	322	3.86	2.59	5.12
Penobscot	658	4.38	3.50	5.27
Piscataquis	201	3.65	2.37	4.92
Sagadahoc	288	3.81	2.39	5.23
Somerset	314	4.39	2.94	5.83
Waldo	394	4.88	3.43	6.33
Washington	348	4.40	2.95	5.84
York	909	3.69	3.03	4.36
Public Health District				
Aroostook	464	3.26	1.96	4.57
Central	942	4.10	3.36	4.84
Cumberland	1,340	2.99	2.49	3.48
Downeast	732	4.00	3.19	4.81
Midcoast	1,458	3.94	3.30	4.58
Penquis	859	4.27	3.49	5.05
Western	1,085	3.68	3.05	4.31
York	909	3.69	3.03	4.36

Data Source: Behavioral Risk Factor Surveillance System

Mean: mean number of days in the last 30 days for which the respondent's mental health was not good, based on the question:

LCL Mean = Lower 95% confidence level of mean, based on the weighted number.

UCL Mean = Upper 95% confidence level of mean, based on the weighted number.

All means are weighted to be more representative of the population of Maine and to adjust for non-response.

[&]quot;How many days in the past 30 days whould you say that your physical health ws not good?"